Artist Statements for Insight

An artist statement is a written introduction for someone who isn't familiar with your work. It shouldn't be too long, but should include your medium, inspirations or influences, reason for creating the work, and anything unique about your process. It is written in the first person, and can be any flavor- funny, serious, thoughtful, or however you best express yourself. Let your personality and passions come through.

An artist statement can be about a body of work, or just a single piece. For Insight, the statement will be specific to the artwork you are submitting. We are interested in hearing about your inspiration, which prompt influenced the work, and why that area of concern is important to you. We would love to hear if you repurposed materials, or found a way to use supplies in a less negatively impactful way than usual. Through the process of creating, if you gained insight into living or working sustainably, please include those thoughts. Don't feel pressured to have a response for all of these suggestions, just include what makes sense for your project!

Remember that the final work will be available for people to see, love, and buy to hang in their personal spaces. So while the artwork will relate to the prompts, it doesn't have to be message-heavy. The Artist Statement is where to put the thoughts, observations, and concerns you have about climate change and living sustainably down in writing.

Artist Bio

An Artist Bio is a brief summary of your artistic background, usually written in the third person. Include where you are based, your medium, and briefly your inspiration. You can list important achievements- awards, high profile clients, gallery representation or shows, relevant education. Keep the bio brief, this isn't your entire CV.

Example Artist Statements from Insight 2023



Ann Feldman, Sleeping Giant in Late Winter

Artist Statement: In keeping with the theme of the Insight event, I thought I'd create a painting using as many recycled materials that I could, and paint it in a way that would not use any of the usual paint solvents or cleaners that are typically part of the painting process. I headed over to the Art Depot and picked up some cast off oil paints and a black frame that normally may have gone into a landfill. On my way home from the Art Depot, I crossed over the bridge that looks up the Yampa River to Sleeping Giant. This beautiful scene stopped me in my tracks as it always does, and I knew I had the subject of my painting right there.

I used a palette knife instead of brushes to create this painting. A knife wipes clean without the need for solvents, and I like the spontaneous effect it gives my work. As I painted, I reflected on how important the Yampa River is to this area, and how every spring, we know that the snow will melt and the river will come back to life, just as it always has.



Laura Tamucci, Yampa #2

Artist Statement: With this piece, I tried to stretch what can be done with salvaged thread and stitches to suggest the idea of the Yampa River. All materials in this piece are scraps, mainly cut off bits of thread from other projects. As I was pulling tiny bits of thread from my scrap pile, I reflected on diversion and the effort and intention that goes into repurposing. As I was trying to show the line and shape of the Yampa River, I found I couldn't precisely control the materials I was using and it felt like a metaphor for the river,

always moving and changing and deciding its own path.



Missy Borden, Bridging the Divide I

Artist Statement: I am conscious of the impact each individual lifestyle has on the environment and this piece reflects my own sustainable philosophy: start with what you have, reuse, repurpose, reimagine and create. Inspired by the prompt concerning waste diversion, 'Bridging the Divide I', reminds you that beauty can be found in the discarded and anyone can turn 'nothing' into something with an imaginative and playful mindset.

I often use painters tape to seal edges and create crisp lines in my work. It performs well, however it's a single use product. Once you peel it from the paper, it no longer sticks the same... I've tried with subpar results. The painters tape held the edges of my paintings, they were splashed with color and marked with lines. The tape in itself was beautiful; I couldn't wad the pieces up and throw them away. I HAD to do something with them.

In an effort to reuse and repurpose the materials I use in my studio, I store used painters tape on sheets in a binder. When I have enough tape stored up, I collage them onto a wood panel and create pieces like 'Bridging the Divide I'.



Kristina Petrash, Throw Our Shadows Down Just to Get Around

Artist Statement: Our ecosystem shows us how we should be living, in connection and harmony. Trees have a lot to teach us about community. Their roots are connected to one another and they support one another through sickness and health. We are just as connected to the Yampa Valley and river as the trees are to one another. It is reliant on us to keep our water and soil clean, to provide more support than damage. In return, the land and water will keep providing us beauty, life and growth.